

Mississippi Healthy Students Act Institute

Monday, June 2, 2008

Mississippi Rising Summer Conference

Implementing the Healthy Students Act in Your School

Presented by the Office of Healthy Schools
Mississippi Department of Education

It was a great day for the students in Mississippi Public Schools when the MS Healthy Students Act was passed in the Spring of 2007! School Districts across the state are preparing for the implementation of 45 minutes of Health Education and 150 minutes of activity based instruction for students in K-8th grades and a ½ Carnegie Unit graduation requirement for high school students.

This institute will help to prepare participants for the 2008-2009 school year and the new opportunities that the implementation of this Act will bring. You will learn about what the Office of Healthy Schools has in place to assist districts with their implementation plans and why the MS Healthy Students Act is needed to help students be fit, healthy and ready to succeed!

This institute will provide participants with tools that they need to promote and improve student health and student academic performance in the school setting. Topics will include:

- Why Do We Need the Healthy Students Act?
- Comprehensive Health and Physical Education/Activity Rules and Regulations
- Health in Action On-Line Lesson Plans
- Why Quality Health and Physical Education Programs are a Must for Mississippi?