

School Health for School Improvement Institute

Monday, June 2, 2008

Mississippi Rising Summer Conference

“Helping Students to be Fit, Healthy and Ready to Succeed”

Presented by the Office of Healthy Schools
Mississippi Department of Education

There is an undeniable relationship between the health of students and academic achievement. We know that if schools do not deal with children’s health by design then they deal with it by default. With the recent passage of the MS Healthy Students Act, schools will be required to implement school health councils, implement activity based instruction, implement health education, and develop wellness policies. There is a real need for teachers, administrators and the general public to understand and to work at providing coordinated school health programs in all schools in our state.

This institute will provide participants with tools that they need to promote and improve student health and student academic performance in the school setting. Topics will include:

- The value of Coordinated School Health in the school setting
- Why School Health Councils are so important
- Resources to support the implementation of the Healthy Students’ Act
- Benefits of quality Physical Education and Health Education Programs
- The importance of leadership, partnerships and implementation of sustainable programs that focus on student wellness
- Success Stories from our state

Lunch will be provided by the Office of Healthy Schools

