

# 4 Ways for Parents to Help Enhance Their Child's Study Skills

It is important that children practice good study habit because it sets them up for success in school. When children know how to study effectively it gives them a sense of competence, positivity, and helps them to understand that they are the ones who control how good or bad they do in school. Also, by practicing good study habits it lays the foundation for good work ethic as an adult. There are only two people who have to work together in order to instill good study habits into children and they are parents and teachers. Together, as a team, they can help children understand how they learn best and figure out a study system that fits their learning style.

There are four ways that parents can play an effective role in developing their child's study skills.

## 1. Make Homework FUN!

It is very important that children have a positive experience during homework time. If they do not find homework fun or develop a positive outlook, then it is unlikely that they will succeed in completing their homework. There are a couple of ways that are helpful in making homework fun. They are as follows: give your child support and praise, make yourself available, allow your child to choose how he/she wants to complete their homework, help your child complete homework enough to feel a sense of pride, do not use homework as a way of punishment, and give your child some time to imagine themselves as an excellent, successful student.

## 2. Make Homework #1!

It is very important that children understand that homework comes prior to extracurricular activities. It is also very important that you, as the parent, help your child to understand that you *expect* them complete their homework. There are multiple ways that parents can help children make homework number one. Some of those ways are making a homework routine, complete homework where there is good lighting with a table or desk, make sure all necessary supplies are available, and demonstrate and enforce that finishing all homework is a priority.

## 3. Teach Organization through Homework

Most of the time, homework can be used to help your children develop great organization skills. Through these organization skills, children will be able to study effectively and efficiently. One way to teach organization through homework is that parents can persuade their children to write all assignments in a notebook and check them off as completed. They can also help their children learn how to estimate the amount of time it will take to complete an assignment, which will help them plan their schedules. Other ways to teach organization through homework would be to help children learn to plan ahead, help them learn to increase concentration time by integrating "brain breaks," make sure your child reviews class notes daily, and help them understand their textbooks.

## 4. Enforce Reasonable and Significant Consequences

Children need to know that if they are not doing well or trying their best in school then they must face certain consequences. Some suggested ways to keep your children motivated are have them assess their homework, graph your child's grades so they are able to see how good or bad they are doing, and place all "good" work in a high traffic area for all to see. It is also vital to children's studying success that they bring home all necessary materials and place all papers neatly in a folder so all homework may be completed successfully.





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