

Training Educators About Comprehensive Health - MISSISSIPPI

Training Strategies
For The
Mississippi Comprehensive Health Framework

Grades K to 12

Developed Under a Contract with the
Mississippi University for Women

for the

Office of Child Nutrition Programs
Office of Healthy Schools
Mississippi Department of Education

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Training Educators About Comprehensive Health (T.E.A.C.H.) Mississippi Project

T.E.A.C.H. Mississippi is funded by a USDA Team Nutrition Grant. The focus of T.E.A.C.H. Mississippi is providing materials necessary to implement the 2006 Mississippi Comprehensive Health Framework in Mississippi classrooms. The framework is included in this manual with teaching strategies, hands-on activities, resources, home to school connection activities, parent information, and formal and informal assessments to implement in the classroom.

The 2006 Mississippi Comprehensive Health Framework ensures that all students gain information to develop positive attitudes, behaviors, and skills necessary to make health-enhancing decisions that are age and developmentally appropriate with the ability to apply skills for a lifetime. Students need the exposure to health education to maintain a healthy lifestyle and achieve their academic potential.

T.E.A.C.H. Mississippi is organized for the following grade groupings:

Kindergarten to Second Grade

Third to Fifth Grade

Sixth to Eighth Grade

Ninth to Twelfth Grade

The teaching strategies provided are only a starting point for creative teaching. Teaching strategies are organized according to competencies. Content strands, suggested objectives, assessments, and resources are also included. Special emphasis is placed on the nutrition strand. This emphasis is designed to help students build healthful eating habits that will last a lifetime.

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