

## Health Education Supplemental Resource List

Company/Vendor	Competency 1	Competency 2	Competency 3	Competency 4	Competency 5	Competency 6	Competency 7
A.F. Interactive Productions Inc. Interactive Health and Decision Making Series	X	X	X	X	X	X	X
Baux Publishing Nutrition Ambition	X	X	X	X	X	X	X
Flaghouse, Inc. CATCH	X	X	X	X	X	X	X
Healthy Lifestyle Choices Behavioral Health	X	X	X	X	X	X	X
i4 Learning, Inc. Wellness, Academics, and You	X	X	X	X	X	X	X
Learning Through Sports, Inc. Star Sportsmanship	X	X	X	X	X	X	X
Macmillan/McGraw-Hill Publishing Health and Wellness 2008	X	X	X	X	X	X	X
National Fire Protection Association Risk Watch	X		X			X	X
The University of Southern Mississippi, Institute for Disability Studies Elementary Approach to Improving Health Literacy	X		X	X		X	X

## **Appendix B continued**

### **Mississippi Comprehensive Health Education Competencies:**

Competency 1: Comprehend concepts related to health promotion and disease prevention

Competency 2: Demonstrate the ability to access valid health information and health promoting products and services

Competency 3: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks

Competency 4: Analyze the influence of culture, media, technology, and other factors on health

Competency 5: Demonstrate the ability to use interpersonal communication skills to enhance health

Competency 6: Demonstrate the ability to use goal-setting and decision-making skills to enhance health

Competency 7: Understand the importance of demonstrating the ability to advocate for personal, family, and community health

### **Content Strands:**

Community/Environmental Health

Consumer Health

Disease Prevention and Control

Human Growth and Development

Nutrition

Mental Health

Family Life

Personal Health

Safety and First Aid

Drug Abuse Prevention