

Register Now for a Free Professional Development

The Mississippi Department of Education's Office of Child Nutrition and Office of Healthy Schools along with the Mississippi State Department of Health's Bureau of Community & School Health is pleased to host the following workshop to help school districts implement quality coordinated school health programs.

Live It! (Grades 9-12) Real Life Nutrition for Teens

This curriculum developed by the Nutrition Education Services/Oregon Dairy Council motivates and teaches teens to make nutrient-rich food choices. Lessons incorporate the Dietary Guidelines to address nutrition topics for teens.

Exercise Your Options: (Grades 6-8) Middle School Nutrition Program

This curriculum developed by the California Dairy Council helps students assess their current food and activity choices and plan for improvement. The lessons focus on improvement rather than perfection.

When: Thursday, February 23, 2012

Location: Hinds Community College's Clyde Muse Center, Pearl MS

Audience: Administrators, Middle and High School Health and Physical Education Teachers, Food Service Directors, School Nurses, Family and Consumer Science Teachers, Curriculum Directors

Credit: .6 CEU's for teachers

Time: 8:30 a.m. –3:30 p.m.

To register go to: <http://www.mde.k12.ms.us> and follow the directions below.

For more information, contact Jessica Warren at jwarren@mde.k12.ms.us
or call 601-359-1813

Reserve Your Seat, Space Is Limited



Mississippi State Department of Health
Mississippi Department of Education

Registration Instructions

Go to: <http://www.mde.k12.ms.us/>

Under MDE Applications tab, Click on **Go Sign Me Up** Course Registration

Login with user name and password - (If you have never used this new site, you will need to create an account and then log in)

Select the prompt “To sign up for a class click here”

Select “Department of Education” under main categories

Select “Healthy Schools”

Select either *Nutrition Workshop-High School* or
Nutrition Workshop-Middle School

Click on the “Register” button

Click on “Enroll” button (on left side)

Click “Submit” to finalize enrollment. **You will not be enrolled if you do not complete this step.**

You will receive an email confirmation with information regarding the class.

If you have problems with registration, please call 601-359-1737.