

GRADE LEVEL	K-2
RELATED MONTH	August – Think Smart, Be Healthy
COMPETENCY	H7 - Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
OBJECTIVE	To have students identify the proper steps for washing their hands.
CONTENT STRAND	Disease Prevention and Control (D)
INTEGRATED SUBJECT AREA(S)	Visual Arts
DURATION	60 minutes
PREREQUISITES	The students should know what germs are and how they can affect our health.
MATERIALS	Computer with internet access 2 pieces of poster board Crayons or markers
DESCRIPTION	<p>In preparation for the activity, the teacher should preview the video clip from Discovery Education streaming, "Keeping Clean: Handwashing for Health". To access the video, the teacher should log-in to Discovery Education streaming and type "Keeping Clean: Handwashing for Health" in the search box. Click on the link for the video, and click "play" to watch the video. If your school doesn't have a subscription to Discovery Education streaming, a link to another resource is provided in the Additional Resources section that can be used with this lesson plan. The title of the link is "ABC's of Handwashing".</p> <p>As an introduction to the lesson, the teacher will let the students watch the video from Discovery Education streaming "Keeping Clean: Handwashing for Health". After watching the video, the teacher will review with the students the correct steps and sequence for washing their hands.</p> <p>The teacher will divide the classroom into two groups. The teacher will instruct the students to create the correct steps and sequence for washing their hands, using the poster board and markers. After the students have completed the assignment, the teacher will place the posters in the hall or lunch room of the school as a reminder for the rest of the school to wash their hands.</p>
ASSESSMENT	The teacher assesses students on the completeness of their hand-washing poster projects. The correct steps and sequence for washing hands should be illustrated.
TIPS & SUGGESTIONS	<p>This lesson plan supports the following competencies of the Mississippi Visual Arts Framework for grades K-2:</p> <p>Kindergarten Competency 1 - Use a variety of basic materials and art media to produce works of art.</p>

First Grade Competency 1 - Develop fundamental skills in using art media and processes to produce works of art.

Second Grade Competency 1 - Begin to develop craftsmanship in a variety of additional media and processes to produce works of art.

Visual Arts is integrated into the lesson plan by having the students draw the steps and sequence for washing hands.

Discovery Education streaming is free to all teachers in the state of Mississippi. If you don't have a username and password, contact the technology department in your school district.

ADDITIONAL RESOURCES Discovery Education streaming
streaming.discoveryeducation.com/

Henry the Hand
www.henrythehand.com/

Lather Up for Good Health
www.colgate.com/app/LatherUpForGoodHealth/US/Kids.cvsp

ABC's of Handwashing
www.iptv.org/kids/healthymoments/Handwashing.cfm

Keeping Clean: Handwashing for Health. 100% Educational Videos. 1999. unitedstreaming. 12 July 2007
<http://streaming.discoveryeducation.com>.

DATE POSTED 08/03/2007 @ 2:12pm
LAST MODIFIED 08/17/2008 @ 7:37pm

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TRACKING # H-106 My Hands Are Clean