



The 2009 Excellence in Physical Education Certification Program By the Mississippi Governor's Commission on Physical Fitness and Sports

Purpose:

The Governor's Commission on Physical Fitness and Sports in collaboration with the Mississippi Department of Education's Office of Healthy Schools is proud to announce the seventh Annual - **Excellence in Physical Education Certification Program**. The Excellence in Physical Education Certification Program is an annual award available to public and private schools to officially recognize a school's commitment to a quality physical education program. The Commission understands that an individual teacher's greatest commitment to physical education may not result in the "Gold" level of excellence. In many cases a teacher may not be given the time or resources to achieve this level. Therefore, it is the Commission's desire that this program would be an incentive for the school district, administration, and the committed teacher to offer "excellent" physical education programs. Those recognized will serve as examples to other schools and school districts throughout the state to inspire others to strive towards meeting basic standards in quality physical education programs.

Incentives:

- Schools can qualify for three levels of certification Gold, Silver, or Bronze
- Certified programs will be recognized at the state level
- A list of certified schools will be posted on the Department of Education web site
- Press releases will be given to local and state publications
- Certificates will be sent or presented to qualifying schools for display
- Selected qualifiers will be selected to attend a reception at the Governor's mansion

Process:

- Any public or private school is eligible to participate in this Certification Program
- Complete a form for **each school** desiring certification (Do not file by School District)
- Read the qualification criteria carefully to determine whether your program may qualify for certification
- Attach requested information and have forms verified by school administration
- Return forms to the Governor's Commission on Physical Fitness and Sports Deadline: **December 31, 2009**
- Verification of certification will be made by the Governor's Commission
- Certificates will be sent / or presented to the schools that qualify
- Recognition and press releases will be distributed
- For verification purposes, it is possible that schools will receive a site visit to validate the application process
- Schools are responsible for all cost associated with submitting application

Levels of Certification: Gold = 150 to 175 Silver = 125 to 149 Bronze = 100 to 124 No Certification = 99 or Less

Note: The Governor's Commission can provide information on how to conduct fitness tests. If you need information or materials for fitness tests please contact Cathy Ward.

Mail all Application Forms and Materials to:

Governor's Commission on Physical Fitness and Sports
Attention: Cathy Ward
Post Office Box 55913
Jackson, Mississippi 39296
Phone: 601 576-7742 Fax: 601 576-7444

Deadline: December 31, 2009



2009 Excellence in Physical Education Certification – Application Form

School Name: _____ District: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Fax: _____ Email: _____

School Health Coordinator _____ Principal: _____

Superintendent: _____ Phone _____

Person filing for the certification: _____ Title: _____

Grade Levels taught in your school _____ HS / MS / EL

Criteria Verification	Points
<p>1. How many times per year is a fitness test given to all students? Once = 10 Twice = 15 <i>(Enclose a summary copy of fitness test results and an example of the criteria used to conduct the fitness test)</i></p>	_____
<p>2. Has your Physical Education Teacher submitted an application for National Board Certification? No = 0 Yes = 10 Was your application for National Board Certification approved? <u>You may only select one</u> Approved Application = 15 <i>(Enclose National Board Certification letter "approved or declined status")</i></p>	_____
<p>3. How many times a week is physical education required for all students? Once = 5 Twice = 10 Three times = 15 <i>(Enclose a copy of a class schedule for physical education classes)</i> Four times = 20 Every day = 25</p>	_____
<p>4. How long are the physical education class periods? 20 min or less = - 5 More than 20 min = 5 <i>(Enclose a copy of a class time schedule for physical education classes)</i> 30 min or more = 10 40 min or more = 20</p>	_____
<p>5. What is the maximum class size of each class? More than 33 = -5 25 to 33 = 5 24 or less = 10 <i>(Enclose a copy of class rosters for physical education classes)</i></p>	_____
<p>6. Does an administrator give physical education teachers a formal evaluation? No = -5 Yes = 5 <i>(Enclose a copy of a systematic observation instrument that includes "time management", given by a school administrator)</i></p>	_____
<p>7. Is your physical education program based on a written and sequential curriculum that is aligned to the national/state standards for physical education? <i>(example: 2006 MS Physical Education Framework, Physical Best, Fitness for Life)</i> No = 0 Yes = 5</p>	_____
<p>8. Are daily lesson plans with objectives and procedures required for all physical education classes? No = - 5 Yes = 5 <i>(Enclose an example copy of lesson plans that are required for physical education classes)</i></p>	_____
<p>9. All physical education classes taught by certified physical education teachers? No = - 5 Yes = 10 <i>(Enclose the name(s) of all teachers teaching physical education)</i></p>	_____
<p>10. Is physical education time used as recess or sports practice time? Yes = - 10 No = 5 <i>(Enclose examples or short description of how physical education time is used)</i></p>	_____
<p>11. Do all physical education classes include a knowledge component? No = - 5 Yes = 10 <i>(Enclose lesson plans and any other supporting documentation)</i></p>	_____
<p>12. Does your school participate in extra health related activities (Example: Jump Rope for Heart) No = 0 Yes = 5 <i>(Enclose a list of additional school sponsored Activities that promote health and fitness)</i></p>	_____
<p>13. Has your school applied for a grant within the past three years to support physical/health education projects and initiatives in your school? No = 0 1 year grant = 10 multi-year grant = 15 <i>(Enclose a copy of your award letter and a short description of project, its goals and number of years of grant)</i></p>	_____
<p>14. Does your physical education teacher and food services director collaborate to ensure that meals/snacks served to students in your school meet the USDA nutrition standards as well as promote a healthy balanced diet through education and outreach to students/staff? <i>(Enclose supporting documentation outlining collaboration between staff and any materials used in education/outreach initiatives)</i> No = -5 Yes = 5</p>	_____
<p>15. Do your teachers participate in yearly physical education professional development opportunities No = 0 Yes = 10 <i>(Examples include: school health fair, presentations to staff on wellness by health care professionals, ect.)</i></p>	_____
<p>16. Is your physical education teacher a member of a professional health/fitness organization? If Yes, for how many years and what is your involvement in the organization? <i>Example: chair a committee or an officer in the organization?</i> No = 0 Yes = 5 <i>(Enclose membership information and documentation of involvement in organization)</i></p>	_____
<p>10 Point Bonus Question - Is your school involved in any GCPFS activities or programs? If Yes, list programs.</p>	_____
Total Points	_____

Gold = 150 to 175 Silver = 125 to 149 Bronze = 100 to 124 No Certification = 99 or Less

On behalf of the school district I do hereby believe that all information about the School's physical education program has been answered accurately and truthfully in this application.

Signature- Superintendent

Date

Phone

Signature – School Principal

Date

Phone

Signature – Physical Education Teacher

Date

Phone

Do not forget to turn in the requested "enclosed" information with your application! Return application and information (Postmark by December 31, 2009) to: Governor's Commission on Physical Fitness and Sports, Post office box 55913, Jackson, Mississippi 39296 Phone: 601 576-7742 Fax: 601 576-7444

All applicants are subject to a possible site visit for verification of the above information.

To ensure receipt of all applications we request a contact name, phone number and email address that we may contact your designated representative once the application is received at MDE. If you are not notified within two weeks of mailing your application please contact Office of Healthy Schools (601) 359-1737. We encourage you to make a copy of your entire application packet as backup for your records. We will also post a list of received school applications on the Office of Healthy Schools Website www.healthyschoolsms.org/ohs_main/initiatives/excellence_in_pe_cert.htm

Designated Representative

Email Address

Phone