**You’ve Gotta Move Supplemental Lessons**

**Exercise! Ejercicio!**

**Grade Level**
3rd

**Competency**
FOREIGN LANGUAGE

2. Understand short spoken and written materials which use familiar vocabulary and structure in the target language. (C) INTERPRETIVE

   a. Recognize specified vocabulary and expressions found in conversations, recordings, broadcasts, and videos

**Content Strand**
Interpretive

**Integrated Subject Area(s)**
Language Arts

**Duration**
35 minutes

**Materials**
Construction Paper, pencils

**Description**
**Put in “You’ve Gotta Move” DVD** Exercise! Ejercicio!

**Activity: Game - Concentration**
Cut construction paper into squares. Using the Spanish terms in the song, have students write each term on one square and its English translation on another. Turn the cards over and mix them up. Students will turn over the cards and try to match the English and Spanish terms, remembering where they are. This can be used as a group competition – divide students into groups of 3-4 and create as many sets of cards as there are teams. Teams can compete to match all the terms first.

**Assessment**
Teacher will assess students’ memorization skills and teamwork abilities

**Integrated Subject Area(s)**
Language Arts

**Competencies and Objectives**
1. The student will use word recognition and vocabulary (word meaning) skills to communicate.

3. The student will express, communicate, or evaluate ideas effectively.

4. The student will use Standard English to communicate.
You’ve Gotta Move Supplemental Lessons

Exercise! Ejercicio!

Grade Level 4th
Competency SOCIAL STUDIES

3. Demonstrate the ability to use social studies tools

Content Strand Geography
Integrated Subject Area(s) Foreign Language

Duration 35 minutes
Materials YGM Latin America Map Puzzle, card stock paper, color printer, scissors

Description Put in “You’ve Gotta Move” DVD Exercise! Ejercicio!

Activity: Latin America Map Puzzle
Print enough puzzles for each student. Have students label and then cut out the countries. Put all pieces from all puzzles into a box and shake them up, then toss in a pile on the floor. Students will race to create a completed Latin America first

Assessment Teacher will assess students’ memorization skills, spatial skills and abilities to understand and read maps.

Integrated Subject Area(s) Foreign Language
Competencies and Objectives

2. Understand short spoken and written materials which use familiar vocabulary and structure in the target language.

a. Recognize specified vocabulary and expressions found in conversations, recordings, broadcasts, and video

5a. Discuss the impact of the target country’s geography, cities, and regions on daily life.
**You’ve Gotta Move Supplemental Lessons**

**Exercise! Ejercicio!**

Grade Level 5th

Competency LANGUAGE ARTS

3. The student will express, communicate, evaluate, or exchange ideas effectively.

   a. The student will use and reflect on an appropriate composing process to express, communicate, evaluate, or exchange ideas with a focus on text of increasing complexity and length.

   b. The student will compose descriptive texts using specific details and vivid language.

Integrated Subject Area(s) Social Studies, Foreign Language

Duration 35 minutes

Materials Internet access, construction paper, glue, scissors

Description **Put in “You’ve Gotta Move” DVD Exercise! Ejercicio!**

**Activity:** Latin American cultures essay and paper dolls project

Assign students a country or region of Latin America. Have students research their country, focusing on its material culture (examples include clothing, literature, architecture etc.) and its nonmaterial culture (religion, family patterns and work practices, etc.). Students will then construct a 2 page typed essay comparing and contrasting each culture with our own. These essays will then be presented orally to the class. As a visual aid, have students cut out and create paper dolls typifying a student in the assigned country and an American student.

Assessment Teacher will assess students’ research skills, writing skills, oral presentation skills.

Integrated Subject Area(s) Social Studies

Competencies and Objectives

5a. Discuss the impact of the target country’s geography, cities, and regions on daily life.

   Foreign Language

2. Understand short spoken and written materials which use familiar vocabulary and structure in the target language.

   a. Recognize specified vocabulary and expressions found in conversations, recordings, broadcasts, and videos
**Exercise! Ejercicio!**

Below you will find some of the Spanish words and phrases used in the song *Exercise! Ejercicio!* They are used in the song in an idiomatic way as a native would use them in a popular song.

Vamonos - Let's Go

Bajar - Down

Estirarse - Stretch

Subir - Up

Bajar - Down

Caminar - Walk

Atras - Back

Adelante - Forward

Exercise - Ejercicio

Move your shoulders - Mover los hombros

Move those arms - Mueve los brazos

Ribs - Costillas

Move your ribs - Mover las costillas

Move your stomach - Mover la barriguita

Lift your arms - Sube los brazos

Move your fingers - Mueve los dedos

Uno, dos, tres, cuatro! – One, two, three, four!