



Teen Revolution – Wellness in My School Contest

Eligibility: Participation in this contest is open to any member of a Mississippi Department of Education sanctioned student organization in grades 7-12. Organizations include: FCCLA, FBLA, DECA, NTHS, FFA, HOSA, TSA and SkillsUSA. **For the pilot year, participation will be limited to students enrolled in one of the 10 Health Sites identified by the John D. Bower School Health Network.**

Objectives of Contest:

1. Students will learn about their school's Wellness Policy.
2. Students will work together to organize a Student Health Council and to formulate a plan for creatively promoting the Wellness Policy in their school.
3. Students will collect information and put together an entry including the work that they have done to learn about and promote the Wellness Policy at their school.
4. Outstanding student projects will be given awards by the Office of Healthy Schools. Winning entries will be used as examples of what student organizations can accomplish by working together on beneficial activities.

Suggested Order of Events:

1. Interested students and advisors will indicate an interest in contest participation by registering with Christine Philley by **December 8, 2006**.
2. Students will research their school's Wellness Policy mandated by the 2004 Child Nutrition and WIC Reauthorization Act and the establishment of School Health Councils mandated by Mississippi Code 37-13-134.
3. Students will decide which part or parts of the Wellness Policy they are most interested in facilitating (promoting) in their local school. (ex: snacks, beverage, school lunch, fitness, etc.)
4. Students will develop and carry out a plan that promotes the part or parts of their school's Wellness Plan that they have selected.
5. A report* will be assembled and produced that
 - a) Provides the students' research;
 - b) Indicates how students selected their emphasis; and
 - c) Indicates how students facilitated (carried out) the Wellness Policy emphasis in their school.
6. The entry will be turned in for judging no later than **May 1, 2007**, and winners announced on **May 7, 2007**. The Office of Healthy Schools will select judges for this competition.

*This report can take the form of a video, a scrapbook or a written report that includes photos, a poster presentation or any other method selected by the students. The CREATIVITY factor will be a major part of the selection process – so be CREATIVE with your entry.

For More Information Contact:

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